

Pat McGregor's 100km for 100 Years

Seventy-four-year-old **Pat McGregor** set an ambitious goal this year: running/biking a total of **100 kilometres** in celebration of **100 Years of Growth and Innovation** at the Renfrew Victoria Hospital. On **Sunday, August 23, 2026**, family members, friends, supporters, and community residents gathered at RVH to cheer Pat on as she completed her final kilometres. The RVH Foundation also hosted a **50/50 draw** in support of Pat's project. Drawn on August 23, the lucky winner of **\$1,020** was **Judy LeClair**. In addition, numerous local businesses contributed items for a beautiful gift basket that was raffled through donations. The lucky winner of the basket was **Karen Warren of Calabogie**. Donations are still being received in support of Pat's event but we are so thrilled to announce that she has surpassed \$35,000 for our #EQUIPRVH project; providing essential medical equipment for RVH.



John Steele Memorial Healing Garden

This month, the RVH Foundation was proud to unveil the newest addition to the RVH Healing Garden: the **John Steele Memorial Garden**.

Located at the entrance to Renfrew Victoria Hospital's Nephrology Department, the garden provides a beautiful and tranquil space where patients, families, staff, and caregivers can pause, reflect, and find a moment of peace. John Steele was a beloved member of our community, known for his exceptional musical talents, generous spirit, and unwavering commitment to volunteerism. We are honoured to celebrate John's legacy in this meaningful way. Through his generous gift to the RVH Foundation, his memory will continue to enrich our hospital and touch the lives of countless individuals for years to come.

The garden's commemorative stone wall will also provide an opportunity for community members and businesses to purchase recognition plaques. These plaques will serve as lasting tributes to the people who have touched our lives, creating a meaningful place of remembrance and connection within our Healing Garden.





SHAVE THE DATE!

Dr. Anthony DeJesus and Dr. Tara Avelino are celebrating 10 years in our community with a very unique event! Dr. DeJesus and Dr. Avelino have been growing their hair out and will SHAVE their heads on Friday September 4 at 4:00pm in the RVH Healing Garden Gazebo. They will be donating their hair to ANGEL Hair for kids with cancer and all pledges and donations received will go to RVH Palliative Care to do some much needed updates to our Palliative Care suite. You can pledge Dr. DeJesus and Dr. Avelino at www.rvhfoundation.com. Come out and support them Friday Sept. 4th!

Thank you COBDEN CIVITAN CLUB

The Cobden Civitan Club held their annual Golf Tournament Friday July 31st. It was another fantastic tournament complete with golfing, laughs and community engagement. Dr. Stephanie Langlois was on hand to receive a cheque for \$4000 for the RVH Foundation to go towards the purchase of a new Ultrasound machine that is on the list of capital equipment to be purchased through the Foundation's #EQUIPRVH project.



RVHF Marketplace

This summer we launched our inaugural RVHF Marketplace and it has been very popular. You can donate your new or gently used items to our Marketplace. Visit our Facebook Page; RVH Foundation to see the items up for sale.

RVH Foundation Catch the Ace

Currently entering Week 28 of license RAF#1530162. Progressive Jackpot started the week at \$69,599. We have raised over \$108K for our RVH Foundation #EQUIPRVH project after 27 weeks



Good Luck to our Summer Student LILA POLE

We would like to wish the best of luck to our 2026 Summer Student LILA POLE who will be heading back to Queen's University next week. Lila was a Valuable part of our RVHF team this summer and was instrumental in the creation and execution of our RVHF Marketplace project. Lila, we know you will do amazing things in the future! Good Luck as you venture forward.





RENFREW
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RVH Foundation

The Giving Report

Renfrew Victoria Hospital Foundation
Monthly Newsletter August 2026

UPCOMING EVENTS



2026 Put Your BREAST FOOT FORWARD 5km

DATE: SUNDAY OCTOBER 18, 2026
WHERE: Starting RVH Healing Garden Gazebo
TIME: 12:00pm
REGISTER: At the RVH Foundation office or online at
www.rvhfoundation.com



LEGACY IN LIGHTS – FESTIVAL of TREES

DATE: SATURDAY NOVEMBER 28, 2026
WHERE: R.C.A.F. WING, Argyle Street, Renfrew
TIME: 7:00pm
TICKETS: \$40.00/person
\$35.00/RVH Staff (who are NOT Social committee members)
\$20.00/RVH Staff SOCIAL COMMITTEE MEMBERS

Get a group and decorate a tree. All trees will be auctioned off at the event.

More information available at the RVH Foundation office or at our website
www.rvhfoundation.com



RVH Foundation's GIVING TUESDAY

DATE: Tuesday December 1, 2026
WHERE: RVH Foundation
All donations received on Giving Tuesday will be MATCHED by Jon Pole of MYFM 96.1.

More information will be available on our website
www.rvhfoundation.com



RVH Foundation's TREE OF LIGHTS

DATE: Friday December 4, 2026
WHERE: RVH Healing Garden
TIME: 5:45pm
More information will be available on our website
www.rvhfoundation.com